

## Opioid-Related Harms in Canada



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### Acknowledgements

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Please note that the analyses and conclusions in this chartbook do not necessarily reflect the views of the organizations mentioned above.

### About this chartbook

The rise in opioid-related harms is an issue of increasing public health importance in Canada. Measures that provide a better understanding of the harms associated with opioid use are a high priority.

This chartbook provides an overview of opioid-related harms in Canada, including available data on hospitalizations and emergency department (ED) visits due to opioid poisoning.

The hospitalization analysis includes 2007–2008 to 2016–2017 data from all provinces and territories (except Quebec and Nunavut, where the most recent data available at the time of release was 2015–2016).

The ED analysis is based on available, comparable data. At the time of release, this includes 2012–2013 to 2016–2017 data from Ontario and Alberta. Although ED data was available for Yukon, it was excluded due to small volumes.

Supplementary data tables accompany this chartbook and are available online. The data tables provide more detailed breakdowns and trending information for opioid poisoning hospitalizations and ED visits.

CIHI intends to publish updated analyses as more data becomes available, including ED data for more jurisdictions.

## Key findings: Hospitalizations

- Opioid poisonings result in an average of 16 hospitalizations a day in Canada.
- Between 2007–2008 and 2016–2017, the rate of hospitalizations due to opioid poisoning increased 53%.
  Nearly half of the increase occurred over the last 3 years.
- Over the last 10 years, older adults age 45 to 64 and seniors age 65+ had the highest rates of hospitalizations. Hospitalizations increased across all age groups, although youth age 15 to 24 and younger adults age 25 to 44 had the fastest-growing rates.

- Opioid poisoning hospitalization rates varied across the provinces and territories in 2016–2017, with Northern and Western Canada having higher rates than Eastern Canada.
- In 2016–2017, more than half of hospitalizations for opioid poisonings were considered accidental and almost one-third were a result of purposely self-inflicted harm.

## 🖽 Key findings: ED visits

- Opioid poisonings result in an average of 13 ED visits in Ontario and 11 ED visits in Alberta every day.
- Between 2012–2013 and 2016–2017, rates of ED visits more than doubled in Alberta and increased by almost 50% in Ontario. The majority of the increase occurred over the past 3 years.
- In Alberta, over the past 5 years, the number of ED visits increased almost 10-fold for heroin poisonings and more than 10-fold for synthetic opioid poisonings (including those related to fentanyl). In Ontario, ED visits increased almost four-fold for heroin poisonings and more than doubled for synthetic opioid poisonings. The majority of the increase in each province occurred over the past 3 years.
- In Alberta, youth age 15 to 24 had the highest and fastest-growing rates of ED visits, tripling over the past 5 years. In Ontario, younger adults age 25 to 44 had the highest and fastest-growing rates of ED visits, increasing by 85%. The majority of the increase in both provinces occurred over the past 3 years.

Opioid-Related Harms in Canada

## Hospitalizations due to opioid poisoning

In 2016–2017, there were an average of **16 hospitalizations each day** for opioid poisoning in Canada.

## **Figure 1:** Opioid poisoning hospitalizations in Canada, 2007–2008 to 2016–2017



### Note

\* Quebec and Nunavut data is from 2015–2016 (the most recent year of data available).

### Source

Hospital Morbidity Database, Canadian Institute for Health Information.



Over the past 10 years, the rate of hospitalizations increased 53% to 15.6 per 100,000 population. Nearly half of the increase occurred over the last 3 years.

By comparison, the hospitalization rate for driver injuries in motor vehicle collisions is 25 per 100,000.<sup>i</sup>

i. Canadian Institute for Health Information. <u>Injury and Trauma Emergency Department and</u> <u>Hospitalization Statistics, 2015–2016</u>, 2016.

## **Figure 2:** Opioid poisoning hospitalization rates by province/territory, 2016–2017





Overall, in 2016–2017, Northern and Western Canada had higher rates of hospitalizations than Eastern Canada.

### Notes

\* Quebec data is from 2015–2016 (the most recent year of data available); therefore, there is no absolute rate difference shown.

† Yukon, Northwest Territories and Nunavut data is grouped due to low volumes. This data should be interpreted with caution.

Nunavut data is from 2015–2016 (the most recent year of data available); therefore, there is no absolute rate difference shown. **Source** 

# **Figure 3:** Opioid poisoning hospitalization rates by selected census metropolitan areas,\* 2016–2017



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Rates of opioid poisoning hospitalizations vary by census metropolitan area (CMA).

### Notes

- \* To be considered a census metropolitan area, the area must have a total population of at least 100,000 of which 50,000 or more live in the urban core.
- Quebec data is from 2015–2016 (the most recent year of data available).

### Source

## **Figure 4:** Opioid poisoning hospitalizations by age, 2007–2008 to 2016–2017





Over the last 10 years, older adults age 45 to 64 and seniors age 65+ had the highest rates of hospitalizations. Youth age 15 to 24 and younger adults age 25 to 44 had the fastestgrowing rates.

#### Note

\* Quebec and Nunavut data is from 2015-2016 (the most recent year of data available).

### Source

## **Figure 5:** Reasons for opioid poisoning hospitalizations, 2007–2008 to 2016–2017





In 2016–2017, more than half of opioid poisonings were accidental, 31% were intentional and 17% were of unknown reason.

#### Note

\* Quebec and Nunavut data is from 2015-2016 (the most recent year of data available).

### Source

## **Figure 6:** Reasons for opioid poisoning hospitalizations by age, 2016–2017\*





In 2016–2017, the majority (63%) of opioid poisonings among seniors age 65+ were accidental, while intentional poisonings were most prevalent for youth age 15 to 24, accounting for 44% of hospitalizations.

### Note

\* Quebec and Nunavut data is from 2015–2016 (the most recent year of data available).

### Source

## **Figure 7:** Opioid poisoning hospitalizations by sex, 2007–2008 to 2016–2017





2016–2017 was the first year in which the rate of hospitalizations was higher among males than among females. Over the past 3 years, the rate increased 24% among males and 10% among females.

#### Note

\* Quebec and Nunavut data is from 2015-2016 (the most recent year of data available).

### Source

Opioid-Related Harms in Canada

## ED visits due to opioid poisoning

In 2016–2017, there were an average of **11 ED visits in Alberta** and **13 ED visits in Ontario** each day due to opioid poisoning.

The analysis of ED visits using National Ambulatory Care Reporting System (NACRS) data was limited to Ontario and Alberta. Although CIHI collects data in NACRS from other jurisdictions, these submissions do not yet include the level of detail or coverage required for this analysis.

## **Figure 8:** Opioid poisoning ED visits, Ontario and Alberta, 2012–2013 to 2016–2017





Over the past 5 years, rates of ED visits more than doubled in Alberta and increased by almost 50% in Ontario. The majority of the increase occurred over the past 3 years.

### Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis.

### Source

# **Figure 9:** Opioid poisoning ED visits by census metropolitan areas,\* Ontario and Alberta, 2016–2017





Rates of opioid poisoning ED visits varied by CMA in 2016–2017.

### Notes

- \* To be considered a census metropolitan area, the area must have a total population of at least 100,000 of which 50,000 or more live in the urban core.
- ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis.

### Source

## Alberta

- ED visits due to heroin and synthetic opioid poisonings
- Opioid poisoning ED visits by age
- Opioid poisoning ED visits by sex

# **Figure 10:** ED visits due to heroin and synthetic opioid poisonings, Alberta, 2012–2013 to 2016–2017



In Alberta, over the past 5 years, the number of ED visits increased almost 10-fold for heroin poisonings and more than 10-fold for synthetic opioid poisonings (including those related to fentanyl). The majority of the increase occurred over the past 3 years.

### Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis.

### Source

## **Figure 11:** Opioid poisoning ED visits by age, Alberta, 2012–2013 to 2016–2017





In Alberta, youth age 15 to 24 and younger adults age 25 to 44 had the highest and fastest-growing rates of ED visits, tripling over the past 5 years. The majority of the increase occurred over the past 3 years.

### Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis.

### Source

## **Figure 12:** Opioid poisoning ED visits by sex, Alberta, 2012–2013 to 2016–2017





In Alberta, over the past 5 years, rates of ED visits more than tripled among males and increased by almost 80% among females. The majority of the increase occurred over the past 3 years.

### Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis.

### Source

## Ontario

- ED visits due to heroin and synthetic opioid poisonings
- Opioid poisoning ED visits by age
- Opioid poisoning ED visits by sex

# **Figure 13:** ED visits due to heroin and synthetic opioid poisonings, Ontario, 2012–2013 to 2016–2017



In Ontario, over the past 5 years, the number of ED visits increased almost four-fold for heroin poisonings and more than doubled for synthetic opioid poisonings (including those related to fentanyl). The majority of the increase occurred over the past 3 years.

### Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis.

### Source

## **Figure 14:** Opioid poisoning ED visits by age, Ontario, 2012–2013 to 2016–2017





In Ontario, over the past 5 years, younger adults age 25 to 44 had the highest and fastest-growing rates of ED visits, increasing by 85%. The majority of the increase occurred over the past 3 years.

### Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis.

### Source

## **Figure 15:** Opioid poisoning ED visits by sex, Ontario, 2012–2013 to 2016–2017





In Ontario, over the past 5 years, rates of ED visits increased almost 65% among males and 30% among females. The majority of the increase occurred over the past 3 years.

### Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis.

### Source

### Methodology

### Data sources

### **Hospital Morbidity Database**

The Hospital Morbidity Database (HMDB) captures administrative, clinical and demographic information on inpatient separations (referred to here as "hospitalizations") from acute care hospitals. Hospitals in all provinces and territories (except Quebec) submit data directly to CIHI. Quebec data is submitted by the ministère de la Santé et des Services sociaux du Québec.

### National Ambulatory Care Reporting System

The National Ambulatory Care Reporting System (NACRS) contains data on hospital-based and community-based ambulatory care — including day surgery, outpatient and community-based clinics and EDs — for 64% of the country: all of Ontario, Alberta and Yukon, and some facilities in Prince Edward Island, Nova Scotia, Manitoba, Saskatchewan and British Columbia. CIHI receives data directly from participating facilities or from regional health authorities and ministries of health.

### ICD-10-CA coding

The following ICD-10-CA<sup>ii</sup> version 2015 codes were used to identify opioid poisonings that resulted in hospitalizations and ED visits:

ICD-10-CA code	Description	Example of opioids included
T40.0	Poisoning by opium	Opium alkaloids
T40.1	Poisoning by heroin	Heroin, diacetylmorphine
T40.2	Poisoning by other opioids	Codeine, oxycodone, hydromorphone
T40.3	Poisoning by methadone	Methadone
T40.4	Poisoning by other synthetic narcotics	Fentanyl, tramadol
T40.6	Poisoning by unspecified and other narcotics	Opiates not elsewhere classified

Codes with a prefix of Q, indicating a suspected diagnosis, were excluded from this analysis.

Of note, neither the HMDB nor NACRS includes data on how the patient obtained the opioid that led to the poisoning. Therefore, the analysis likely includes poisonings due to prescription opioids as well as those due to illegally produced or obtained opioids.

ii. International Statistical Classification of Diseases and Related Health Problems, 10th Revision, Canada.

Opioid poisoning hospitalizations and ED visits were categorized based on the following ICD-10-CA categories:

- Accidental (X42): The poisoning was considered to be non-intentional in nature. Includes accidental poisoning of drug, wrong drug given or taken in error, and drug taken inadvertently.
- Intentional (X62): The poisoning occurred as a result of purposely self-inflicted harm.
- Unknown (Y12): Categorization of the poisoning was not possible due to unclear or insufficient information. In addition, poisonings missing a category (X42, X62 or Y12) were grouped in the *unknown* category.

### Hospitalizations

HMDB data was included for 2007–2008 to 2016–2017 across all provinces and territories. The most recent data available for Quebec and Nunavut at the time of release was for 2015–2016. The analysis was limited to "significant opioid poisonings," that is, cases in which opioid poisoning was considered influential to the time spent in hospital and treatment received by the patient while there. To determine significant opioid poisoning hospitalizations, the following diagnosis types were selected:

- (M) = Most responsible diagnosis (MRDx)
- (6) = Proxy MRDx

- (1) = Pre-admit comorbidity
- (2) = Post-admit comorbidity

(C) = CIHI-assigned value for Quebec

(W), (X), (Y) = Service transfer diagnosis

### **ED** visits

NACRS data from Ontario and Alberta was included for 2012–2013 to 2016–2017. The analysis includes Level 3 ED abstracts where opioid poisoning was noted as either a "main" or "other" problem.

### Limitations

The coding of diagnoses using ICD-10-CA is based on patients' chart documentation. Deficiencies in chart documentation and/or failure to provide coders with appropriate documents can affect data quality and lead to under-reporting.

The data in this analysis includes only opioid poisonings for which an individual was admitted to hospital (or to the ED in Ontario and Alberta) and does not capture cases that received treatment in other environments. Therefore, these figures represent an underestimate of the extent of opioid poisonings in Canada; the magnitude of this underestimation is unknown.

### Other methodology notes

For some analyses, Yukon, the Northwest Territories and Nunavut are grouped together and reported as "Territories" due to low volumes.

For analysis by age, the following age groups were used: younger than 15 (children); 15 to 24 (youth); 25 to 44 (younger adults); 45 to 64 (older adults); and 65 and older (seniors).

To calculate standardized rates, the direct standardization process was used with the 2011 Canadian population as the reference year.

This analysis uses fiscal year data, from April 1 of one year to March 31 of the next.

### Appendix: Data tables for figures

### Figure 1 Opioid poisoning hospitalizations in Canada, 2007–2008 to 2016–2017

Fiscal year	Number of hospitalizations	Crude rate per 100,000 population
2007–2008	3,344	10.2
2008–2009	3,399	10.2
2009–2010	3,677	10.9
2010–2011	3,866	11.4
2011–2012	4,307	12.5
2012–2013	4,527	13.0
2013–2014	4,540	12.9
2014–2015	4,761	13.4
2015–2016	5,275	14.7
2016–2017*	5,670	15.6

### Note

\* Quebec and Nunavut data is from 2015–2016 (the most recent year of data available).

### Source

### Figure 2 Opioid poisoning hospitalization rates by province/territory, 2016–2017

Drovinco (torritony	Age-adjusted rate per 100,000 population, 2016–2017	Absolute rate difference,
Province/territory	2010-2017	2013-2010 10 2010-2017
Newfoundland and Labrador	11.3	+0.2
Prince Edward Island	16.6	+1.4
Nova Scotia	11.0	+1.3
New Brunswick	17.8	+3.6
Quebec*	9.4	n/a
Ontario	13.8	+1.1
Manitoba	10.8	+0.5
Saskatchewan	21.7	-3.3
Alberta	23.1	+1.8
British Columbia	25.0	+1.6
Territories <sup>+</sup>	34.5	n/a
Canada	15.5	n/a

#### Notes

\* Quebec data is from 2015–2016 (the most recent year of data available).

† Yukon, Northwest Territories and Nunavut data is grouped due to low volumes. This data should be interpreted with caution. Nunavut data is from 2015–2016 (the most recent year of data available).

n/a: Not available.

### Source

## **Figure 3** Opioid poisoning hospitalization rates by selected census metropolitan areas,\* 2016–2017

	Age-adjusted rate per
Census metropolitan area	100,000 population, 2016–2017
Calgary	21.1
Edmonton	25.8
Gatineau⁺	17.6
Greater Sudbury / Grand Sudbury	20.6
Halifax	11.6
Hamilton	21.8
Moncton	24.3
Montréal <sup>†</sup>	5.5
Ottawa	13.3
Québec <sup>†</sup>	13.2
Regina	28.2
Saint John	26.3
Saskatoon	26.1
St. John's	15.7
Thunder Bay	27.4
Toronto	7.9
Vancouver	20.0
Victoria	20.1
Winnipeg	10.2

#### Notes

\* To be considered a census metropolitan area, the area must have a total population of at least 100,000 of which 50,000 or more live in the urban core.

† Quebec data is from 2015–2016 (the most recent year of data available).

#### Source

## **Figure 4** Opioid poisoning hospitalizations by age, rate per 100,000 population, 2007–2008 to 2016–2017

Age group	2007– 2008	2008– 2009	2009– 2010	2010– 2011	2011– 2012	2012– 2013	2013– 2014	2014– 2015	2015– 2016	2016– 2017*
<15	1.4	1.4	1.3	1.4	1.4	1.5	1.7	1.8	1.7	1.8
15–24	6.5	6.4	6.6	7.1	8.4	9.5	9.8	10.4	12.4	13.3
25–44	11.1	10.2	11.1	11.0	13.1	12.8	12.4	13.0	16.0	18.1
45–64	13.5	14.3	15.4	16.3	17.0	18.3	18.0	18.2	19.3	20.2
65+	16.4	16.8	17.4	17.9	19.2	19.1	18.9	19.8	19.4	19.2

#### Note

\* Quebec and Nunavut data is from 2015–2016 (the most recent year of data available).

### Source

### Figure 5 Reasons for opioid poisoning hospitalizations, 2007–2008 to 2016–2017

Fiscal year	Accidental	Intentional	Unknown
2007–2008	39%	34%	27%
2008–2009	39%	33%	27%
2009–2010	40%	34%	26%
2010–2011	40%	35%	25%
2011–2012	41%	35%	24%
2012–2013	43%	34%	23%
2013–2014	44%	34%	22%
2014–2015	48%	33%	19%
2015–2016	49%	33%	18%
2016–2017*	52%	31%	17%

#### Note

\* Quebec and Nunavut data is from 2015–2016 (the most recent year of data available). **Source** 

### Figure 6 Reasons for opioid poisoning hospitalizations by age, 2016–2017\*

Age group	Accidental	Intentional	Unknown
<15	61% 34		5%
15–24	44%	44%	12%
25–44	49%	34%	17%
45–64	49%	33%	18%
65+	63%	16%	21%

#### Note

\* Quebec and Nunavut data is from 2015-2016 (the most recent year of data available).

#### Source

Hospital Morbidity Database, Canadian Institute for Health Information.

## **Figure 7** Opioid poisoning hospitalizations by sex, rate per 100,000 population, 2007–2008 to 2016–2017

Sex	2007– 2008	2008– 2009	2009– 2010	2010– 2011	2011– 2012	2012– 2013	2013– 2014	2014– 2015	2015– 2016	2016– 2017*
Female	11.2	11.3	11.8	12.3	13.5	13.7	13.8	14.1	14.8	15.5
Male	9.1	9.1	10.0	10.4	11.5	12.3	12.0	12.7	14.6	15.8

Note

\* Quebec and Nunavut data is from 2015-2016 (the most recent year of data available).

### Source

## **Figure 8** Opioid poisoning ED visits, age-adjusted rate per 100,000 population, Ontario and Alberta, 2012–2013 to 2016–2017

Province	2012–2013	2013–2014	2014–2015	2015–2016	2016–2017
Ontario	23.5	23.3	24.9	27.9	34.6
Alberta	37.6	38.6	47.0	65.1	88.6

Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis. **Source** 

### **Figure 9** Opioid poisoning ED visit rates by census metropolitan areas,\* Ontario and Alberta, 2016–2017

	Age-adjusted rate per 100,000
Census metropolitan area	population, 2016–2017
Barrie	69.9
Brantford	98.9
Greater Sudbury / Grand Sudbury	37.1
Guelph	41.2
Hamilton	56.3
Kingston	45.3
Kitchener–Cambridge–Waterloo	53.8
London	43.6
Oshawa	56.4
Ottawa	27.3
Peterborough	67.3
St. Catharines–Niagara	72.5
Thunder Bay	63.2
Toronto	23.0
Windsor	32.1
Calgary	99.4
Edmonton	85.2

Notes

\* To be considered a census metropolitan area, the area must have a total population of at least 100,000 of which 50,000 or more live in the urban core.

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis. **Source** 

## Figure 10 Number of ED visits due to heroin and synthetic opioid poisonings, Alberta, 2012–2013 to 2016–2017

Opioid type	2012–2013	2013–2014	2014–2015	2015-2016	2016–2017
Heroin	78	110	202	387	766
Synthetic	86	109	175	590	911

Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis. **Source** 

National Ambulatory Care Reporting System, Canadian Institute for Health Information.

## **Figure 11** Opioid poisoning ED visits by age, rate per 100,000 population, Alberta, 2012–2013 to 2016–2017

Age group	2012–2013	2013–2014	2014–2015	2015–2016	2016–2017
<15	6.2	8.5	6.9	6.0	4.8
15–24	50.9	57.9	72.5	115.2	162.1
25–44	49.8	49.6	68.6	100.0	151.0
45–64	41.3	41.1	46.3	58.9	72.5
65+	30.7	29.7	32.3	36.3	35.1

Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis. **Source** 

### **Figure 12** Opioid poisoning ED visits by sex, rate per 100,000 population, Alberta, 2012–2013 to 2016–2017

Sex	2012–2013	2013–2014	2014–2015	2015–2016	2016–2017
Female	41.0	41.2	45.7	59.0	72.6
Male	34.4	36.4	50.3	74.3	110.0

Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis. **Source** 

National Ambulatory Care Reporting System, Canadian Institute for Health Information.

## **Figure 13** Number of ED visits due to heroin and synthetic opioid poisonings, Ontario, 2012–2013 to 2016–2017

Opioid type	2012–2013	2013–2014	2014–2015	2015–2016	2016–2017
Heroin	209	163	404	472	804
Synthetic	340	374	341	400	769

Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis. **Source** 

## **Figure 14** Opioid poisoning ED visits by age, rate per 100,000 population, Ontario, 2012–2013 to 2016–2017

Age group	2012–2013	2013–2014	2014–2015	2015–2016	2016–2017
<15	3.2	3.4	3.1	3.9	3.8
15–24	30.1	29.7	32.4	32.2	41.8
25–44	30.8	29.8	33.6	40.9	56.9
45-64	27.1	27.5	27.8	30.3	34.5
65+	19.2	19.5	20.6	21.9	22.1

Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis. **Source** 

National Ambulatory Care Reporting System, Canadian Institute for Health Information.

## Figure 15 Opioid poisoning ED visits by sex, rate per 100,000 population, Ontario, 2012–2013 to 2016–2017

Sex	2012–2013	2013–2014	2014–2015	2015–2016	2016–2017
Female	22.6	22.4	22.7	26.5	29.1
Male	24.4	24.2	27.1	29.2	40.1

Note

ED visit analysis is limited to Ontario and Alberta, as other jurisdictions do not submit the level of detail and coverage required for this analysis. **Source** 



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